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A PSYCHOLOGICAL INTERPRETATION OF THE FILM CHARACTERS FROM THE PERSPECTIVE OF "ID, EGO AND SUPEREGO" BY FREUD AND SIGNIFICANCE FOR MENTAL HEALTH

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Background: The realism film *Dying to Survive* is adapted from a real-life case, which pays attention to social problems and shows the tenacious life of small potatoes vividly by depicting the reality of grassroots group images. Freud's triple personality, id, ego and superego influence the conflicts within the characters. Sticking to the moral bottom line with kindness, they finally realized the superego. The film shows the relief of anxiety at the social level through social events, reflects the satisfaction of psychological needs at the individual level, and has a positive significance for the mental health of film viewers.

Subjects and Methods: By talking about the theory of "id, ego and superego" of personality structure in Freud's psychoanalytical method in psychology, this paper deconstructs the structure of stories hidden in the text and the expression method of text from the perspective of theme, narrative and character image. At the same time, the following details are considered from the psychological perspective. First of all, through the reflection of the realistic environment of the film, it shows the characteristics of the small potatoes. The image of the hero manifests the pursuit of money and better life, which establishes the style and keynote of the film. Secondly, through the expression of self-expression in psychoanalysis, the film reflects the choice of responsibility and freedom. Thirdly, the expression of superego embodies the hero's self-redemption, and finally gives birth to the responsible medicine god. The film reflects the protagonist's personality of sticking to the moral bottom line, from the pursuit of money at the beginning to the sense of social responsibility at the end.

Results: The film is different from other social realism movies. It is an important livelihood work leading in with a scene of wanting valuable medicines, reflecting the social problems in reality, shaping different characters, demonstrating the universal features of society, showing the conscience of the characters, providing better materials for the development of real society, leading to audiences' reflection and promoting the effective development of society. Watching movies has a positive meaning for mental health and guides the audience to have a good mental state.

Conclusions: This study focuses on the difficulty of buying medicine shown in the movie *Dying to Survive*, which reflects social problems, the struggle between conscience and interests, the competition between law and emotion. Law is rational. Emotion is perceptual. But the conflict between the two of them is not new. It reflects the transition of characters from material needs to psychological needs. In this process, people in society have anxiety. But finally found happiness through action. The movie can solve real problems and provide a catalyst for the development of society. The important characterization function of the film is so obvious.

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RESEARCH ON PRE-SERVICE TEACHERS' TPACK BASED ON MENTAL HEALTH AND WORK STRESS: MEDIATED BY MINDFUL FLOW EXPERIENCE

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Background: The Technological Pedagogical Content Knowledge (TPACK) is increasingly applied in the field of teacher education as well as teacher professional development, and TPACK development for pre-service teachers has become an important research direction. However, in the past, few studies have explored the development and change of learners' TPACK from the perspective of mental health and work stress in the context of new technology integration. With the widespread application of mobile technology in higher education, the mobile teaching model is also widely adopted in teacher education programs, which is conducive to enhancing pre-service teachers' feelings of mind-flow experience in learning technology-integrated teaching methods and bringing new opportunities for pre-service teachers' TPACK development.

Subject and Methods: Studies have focused on the factors influencing TPACK development in preservice teachers. However, there are no clear findings on the mechanisms of deeper psychological activities for TPACK development among pre-service teachers in mobile teaching environment, especially from the perspective of mental health and work stress. Therefore, with the help of mind flow theory, this study first designed and implemented mobile teaching activities, and then administered questionnaires and scales to 144 participants, focusing on the mediating effects of mind flow experiences on technology cognition and course quality perception on TPACK development, in order to reveal the

underlying psychological activity mechanisms based on mental health and work stress about TPACK development under the mobile teaching environment.

Results: The results of the study showed that technology perceptions and course quality perceptions had a significant positive effect on mindful flow experiences, which is high degree of mental pleasure, and work pressure to slow down. Mindful flow experiences had a significant positive effect on pre-service teachers' TPACK development, while mindfulness experiences had a significant mediating effect on technology perceptions and course quality perceptions acting on TPACK.

Conclusion: This study analyzes the intrinsic psychological mechanisms of TPAC development from the perspective of mental health and work stress in mobile teaching environment and analyzes the influence path based on the mediating effect of mind-flow experience, and proposes a psychological dimension based on mental health and work stress of TPACK research, to explore and enrich the TPACK research perspective. This study can provide references for fostering the promotion of TPACK development among pre-service teachers in mobile teaching environments and provide practical guidance for curriculum design in similar technology-integrated teaching environments for mobile teaching, especially from the perspective of mental health and work stress.

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STUDENTS' MENTAL HEALTH PROBLEMS AND EDUCATIONAL INVESTMENT COUNTERMEASURES OF CULTURAL INDUSTRY MANAGEMENT MAJOR IN COLLEGES

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Background: Mental health education is one of the connotations that quality education should have, and it is the basis for students of cultural industry management to form good moral character. Students majoring in cultural industry management have good psychological quality, can better adapt to the changes of the environment, adapt to the best state to give full play to their potential.

Subjects and Methods: On the basis of the existing research results, a theoretical model of "student learning input, teacher teaching input, school resource input and social factors input" in mental health problems in colleges and universities was constructed, and empirical research was carried out by using the structural equation model to analyze the path relationship and mutual effect among the structural elements.

Results: The influences of all structural elements on the total investment in mental health problems from high to low were social factor input, teacher teaching input, school resource input, and student behavior input. Behavioral input is directly and positively affected by teachers' teaching input, school resource input and social factors input. Teachers' teaching input has a direct and significant positive effect on behavioral input, and school resource input has a direct and significant positive effect on teachers' teaching input. Social factor input can not only have a direct and significant positive impact on behavior input, teacher's teaching input and school resource input, but also have an indirect impact on behavior input through the intermediary variable of teacher's teaching input, which has an indirect impact on teacher's teaching input through the intermediary variable of school resource input.

Conclusions: Attach importance to the radiating effect of social factors input, pay attention to the role of learner learning input, and strengthen teacher teaching input.

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COUNTERMEASURES OF LIFE SAFETY AND MENTAL HEALTH EDUCATION IN PHYSICAL EDUCATION AND ITS INFLUENCE ON RELIEVING STUDENTS' ANXIETY

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Objective: Educational psychology, as a science that studies the psychological laws of teachers and students in school teaching situations and the interaction between them, undoubtedly has great reference significance for the implementation of the teaching effect of physical education. As a part of students' psychology, self-consciousness and personality tendency regulate and guide students' learning effect of physical education. In addition, the psychology in the communication between teachers and students will also have a certain impact on the teaching effect. In the process